

Christmas 2024  
New Year 2025

A free copy for you

# Parish News

Levens, Heversham, Milnthorpe



**Levens Methodist Church**

## **COFFEE SHOP**

**Mon, Wed, Fri 2 - 4 pm**  
**Everyone Welcome**

### **Mondays**

**Would you like a coffee & a chat?**  
**please join us.**

**You can also play dominoes,**  
**cards, Rummikub or do a jigsaw**

**Also bring your knitting, sewing**  
**or craft project and have a natter.**

### **Wednesdays & Fridays**

**Coffee and Biscuits**



**Coffee**  
**@ St T's**  
**Milnthorpe**  
**Community Rooms**

**Every Friday 10 -11.30 am**  
**free WiFi &**  
**contactless payment available**

**Closed 27th Dec & 3rd Jan**

### **Meet & Eat 12-2pm** **at Levens Methodist Hall**

#### **FRIDAY 20<sup>th</sup> DECEMBER £5**

**Mulled Wine**  
**Turkey Bap with Stuffing and**  
**Cranberry Sauce**  
**Trifle**  
**or Christmas Pud & Custard**  
**Tea\Coffee & Mince Pies**

#### **FRIDAY 31<sup>st</sup> JANUARY £5**

**Winter Vegetable Soup or**  
**Spiced Butternut Squash Soup**  
**Bread Bun**  
**Eves Pudding & Custard or**  
**Mousse**  
**Tea\Coffee**

**£5**

**Please add your name to**  
**the list at Coffee Shop**  
**or phone Susan Beckwith**  
**0779 6561810**

**Everyone Welcome**  
**Children under school age free**

### **Village Coffee Time**

#### **Third Tuesdays**

**Tuesday 17th December**

**& 21st January**

**10 - 11.30 am**

**at the Old School, Heversham**

**\*Everyone Welcome \***

**\*All Ages\***

**Simply coffee & biscuits & chat**

**A warm welcome - Do call in !**



**ST JOHN'S CHRISTMAS FAIR**  
**Saturday 30th November**  
 Levens Village Hall

10- noon

Christmas crafts / cakes / baking / games  
 gifts / raffle  
 mince pies & coffee  
 £2 entry fee



**Leasgill Christmas Tree**

Come and join the annual carols round  
 the tree on Leasgill Green  
 on Thursday 19th December at 6.00pm.  
 Mince pies and mulled wine in the  
 Athenaeum, with the handbells playing  
 Christmas music.



**CHRISTMAS MARKET**  
 at  
**St Thomas' Milnthorpe**  
**Saturday**  
**30th November**  
 10am - 2pm

Home-made produce  
 Crafts, floral art and gifts  
 Raffle  
 Chocolate Tombola  
 And much more!

The perfect chance to buy  
 some extra special Christmas gifts!

Morning coffee, tea,  
 hot chocolate, cake  
 and mince pies  
 served 10.00 - 12.00

**Levens Christmas Tree Lights Switch On**  
 with Carol Singing  
**Sunday 24<sup>th</sup> November from 5pm**





For more info on Activities, please contact  
Diane on 07771 682378 or Lesley on 07816 895021



**Enjoyable Dementia friendly Walks** 10.30 am start.  
**5th Dec** from Cartmel race course, LA11 6QF

**Woodland fun** – 11am—noon Come and join us for engaging activities connected to nature. This month on **2<sup>nd</sup> December** at St John's Church Hall, Silverdale (to avoid the cold).

**Social Table Tennis** – at Arnside Educational Institute, Church Hill, Arnside, 10.30am-noon., Wednesdays - **11<sup>th</sup> December, 8<sup>th</sup> & 22<sup>th</sup> January**

**Dementia Embracing Community Singing Group** **Silverdale Songsters** - Coffee on arrival and singing popular well known songs . Friday morning **13<sup>th</sup> December** between 10.30 – 11.30 am at St John's Church Hall, St John's Church, Silverdale and then weekly from **10<sup>th</sup> January**

**Zoom Poetry Group** – Thursdays 1.30 – 2.30pm  
The group choose the theme and Dignity in Dementia search out poems which are emailed to group members. We then read them together.  
**12<sup>th</sup> December, 9<sup>th</sup> & 23<sup>rd</sup> January**

[www.dignityindementia.org](http://www.dignityindementia.org)



**Please phone for details /  
book lunches:  
Liz Dawes 01539 728118**

**Gentle Exercise  
Classes – Milnthorpe**

Every Tuesday 10.30 - 11.30 am  
Catholic Church Hall  
Haverflatts Lane, Milnthorpe LA7 7PS

**Gentle Exercise  
Classes – Levens**

Every Wednesday 10.30 - 11.30 am  
Levens Methodist Church  
Lowgate, Levens LA8 8NL

**Levens Lunch Club**  
The Gilpin Bridge, Levens  
LA8 8EP

Fourth Tuesday of the month 12.00 pm

**Beetham Lunch Club**  
The Wheatsheaf at Beetham  
Milnthorpe LA7 7AL

Third Thursday of the month  
meet at 12.15 for 12.30 pm

**NEW**



## Tackling your finances - small changes with big effects

Sometimes tackling your finances can feel overwhelming, but small steps can make a big difference, and planning ahead helps you feel in control of your spending.

A quick way to understand where your money goes is to keep a spending diary for a week, then make a simple weekly or monthly budget. Have regular money check-ins where you review your finances to see what's working and if anything needs adjusting.

Prepare for predictable future expenses, like council tax, car costs, TV licence, Christmas and birthday presents, or upcoming big events like moving house. They all need to go in the budget. Putting a bit aside each month can make these expenses easier.

There are also unpredictable costs, like a boiler or car breakdown. Even a small amount set aside each month for an emergency fund can give you peace of mind. It's worth considering insurance, such as home or pet insurance, which can offer financial security in case of unexpected events.

Making sure your credit report is accurate can help improve your credit score and make it easier to borrow money or access financial products and services in the future. The Citizens Advice website tells you how you can check your credit report for free.

If you are worried about falling into debt, or already can't pay your bills, talk to South Lakes Citizens Advice. They can advise you on any benefits, grants or financial support that you might be eligible for, and help you to deal with your debt.

***Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. How to access:***

***Call [015394 46464](tel:01539446464) (9.30am – 2pm, Monday – Friday)***

***Drop in sessions at Wainwright's Yard, Kendal, LA9 4DP (10am – 1pm, Tuesday and Thursday)***

- ***Adviceline: 0808 2787 984 (9am - 5pm, Monday – Friday)***

***email advice via the submission page on our website [www.southlakescab.org.uk](http://www.southlakescab.org.uk)***

Manna House, Stephenson Centre, Ann Street, Kendal.  
is looking for a mental health professional to support  
our new **Conversation Café** every **Monday 1pm – 3pm**

Most of our clients are in lifelong need of mental health interventions but are not always able to reflect and reluctant to commit to change.

In our drop in setting, Manna House can provide the foundation for trusting relationships and spark the beginning of self-awareness that may lead to future therapeutic work.

Staff and volunteers hold people steady until they are ready.

No guarantees, no money, no accreditation, but cakes, coffees and many rewarding moments. Sound like a group to which you could contribute?

Contact Andrea Aldridge Email: [andreaa@manna-house.org.uk](mailto:andreaa@manna-house.org.uk)



## Milnthorpe Craft Group

welcome you to join

Mondays at 10am - noon  
in St Thomas' Church  
Community room.

Pop in for a coffee and come and  
say hello whilst we do craft.

Perhaps you will see something  
you would like to craft .

All Welcome

## Happy Voices Singing Group

meets every Monday at  
Christ the King Church Hall  
on Haverflatts Lane, Milnthorpe  
from 1.30pm – 3.00pm

Everyone welcome  
no experience necessary

£2 a session including refreshments

Ring Lynne Gibbons

07814 709847 for further details

Levens Good Neighbours  
Coffee Morning  
Saturday 1st February 2025  
10.30am -12noon  
at Levens Methodist Hall  
Coffee, tea and  
homemade biscuits



Cake stall

All are  
Welcome

## Levens Little Larks

Come and join us for a  
sing-a-long together  
Tuesdays every fortnight at 10.30am  
Levens Methodist Church Hall  
-check updated poster in the hall-  
We welcome all

parents, grandparents, carers  
and all pre-school children

**cuppa and chat afterwards**  
**£1.50 inc refreshments**



## LEVENS WARBLERS

**invite you to come and join us  
on Monday 9th December  
any time**

**between 10.30am and 12 noon  
in Levens Methodist Church Hall**

Everyone is very welcome  
An opportunity to 'taste and see'  
what we do

with **Refreshments**

Singing for fun for those who enjoy  
listening or singing

Non-singers are very welcome  
a mixture of

familiar Christmas Carols and  
popular community songs

**Transport** support can be provided  
call Irene on 07958 605049

Milnthorpe Food bank -  
[www.milnthorpefoodbank.org](http://www.milnthorpefoodbank.org)  
Collection boxes in Spar  
and Churches in  
Milnthorpe and Heversham

There is a constant need of food &  
household items so please  
donate if you can, thank you

The Food Box in St John's Church  
Levens is open at most hours: for  
**King's Food Bank, Kendal.**  
a check list of items most wanted  
currently appears on their website -  
<https://kingsfoodbank.org.uk/>  
All contributions are greatly valued

The Food Box in Levens Methodist  
Church is open when the church  
building is open




**Next Dates:**  
**11th Dec**  
**22nd Jan**  
 1.30-3pm

Let's brighten your day with  
 our *Companionship Cafe!*




**St Thomas' Church  
 Milnthorpe**

**01539 267220**

MU meetings are open to all.  
 If you would like to, please come along.

## Mothers Union Milnthorpe with Heversham



Wednesday 4th Dec at 2pm  
 St Thomas' Community Room,  
 Milnthorpe with Happy Voices Choir.

Friday 6th December - Cake Stall at  
 Friday Coffee Morning at St Thomas'

Wednesday 8th January  
 —speaker not confirmed at printing

## Indoor Bowling

at the Athenaeum, Leasgill  
 Monday afternoons at 2pm to 4pm  
 Friday evenings from 7pm to 9pm.

September to end of March.

New members are most welcome.  
 small charge to cover room rent and  
 tea, coffee and biscuits.

## Ladies of Levens Pudding Night




Bring a pudding to share  
 Saturday 25th January 2025

Levens Village Hall  
 7.30pm

**Annual subs due £25**  
**[cash or cheque]**

**For more information and to book  
 your place, please email**  
**[ladiesoflevens@gmail.com](mailto:ladiesoflevens@gmail.com)**  
**or ring Naomi 07762741264**



*Rejoice in the Lamb*  
*A Celebration for Christmas*

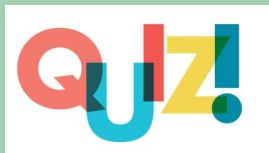
**Conductor: Ian Jones**  
**Organist: Ian Pattinson**

**Soloists: Emma Jenkins; Heather Willes**  
**Jacob Clark and Alan Crameri**

*The programme will include*  
**Haydn: St. Nicholas Mass**  
**Britten: Rejoice in the Lamb**  
*plus readings and carols for choir and audience*

Thursday December 19<sup>th</sup> at 7:00 pm  
 St. Thomas's Church, Milnthorpe

*Tickets £15.00 (including seasonal refreshments)*  
*Students and children: free*  
*Available from choir members, on the door or*  
*online at [eversleychoir.org](http://eversleychoir.org)*



**Saturday 7th Dec 7 pm**

**Community Rooms**

**at St Thomas'**

All welcome for  
this brain teaser.

Form a team with friends  
(max 4 per team)

Bring Your Snacks

£10 per team in aid of  
St Thomas Building Fund



All Welcome



# Heversham Pop up Pub

All  
Welcome

**7th Dec and 4th Jan**

**7.00pm - 11.00pm**  
**1<sup>st</sup> Sat of every month**  
**The Athenaeum**  
**For our community - all welcome**

**To view the Parish News online:**

**[stthomasmilnthorpe.org.uk/  
publications/](http://stthomasmilnthorpe.org.uk/publications/)**

**Next issue - February 2025  
print & online**

**Please email info by 10th January**

*\*Whilst the Church is most grateful for the  
support of magazine advertisers no automatic  
endorsement of products or services  
can be assumed.*

To the best knowledge of the Editorial Team all  
info is correct at time of going to press 18.10.24

## Note to Advertisers:

Invoices are posted out or hand delivered.  
Please note our invoices are posted mainly unless  
specifically email requested.  
We do not email out a form for you to pay online  
please be SPAM aware

If unsure phone 01539564582 include code  
or email me at [parishnews@heversham.org](mailto:parishnews@heversham.org)

## the HERON theatre

[www.theherontheatre.com](http://www.theherontheatre.com)

Box Office & Room Hire

015395 64283



**6<sup>th</sup> Dec 7.30pm Film**  
**– The Eight Mountains**

**8<sup>th</sup> Dec 2.30pm Cumbria Festival**  
**Chamber Choir Seasonal chamber**  
**music. with harpist AnnaKate Pearson**

**13<sup>th</sup> Dec 7.30pm Bah Humbug –**  
**Christmas drama with On A Role**  
**Theatre Company – a bitter/sweet**  
**comedy with a new twist to an old story.**

**21<sup>st</sup> Dec 7.30 pm Burnt Horse**  
**A five piece band playing winter**  
**themed folk music**





at Milnthorpe Cricket Club  
Door Open 7pm  
Friday 6th December

Also, Friday 13th December  
Christmas Bingo  
Raising money for the Bowling Club

## TUESDAY CLUB

**Levens Village Hall 2pm**  
**Second Tuesday in the month**

**10th December**  
**Beetham Hand Bell Ringers**

Mulled wine, tea/coffee,  
cakes, mince pies

**14th January**  
**Humorous readings**  
**from Gervais Phinn**

Tea/coffee, cakes  
**Yearly subs due £5, includes tea/  
coffee and homemade cakes.**  
**Visitors welcome £2 per session**



**Bridge Afternoons**  
**in the Clubhouse**  
**Every Thursday afternoon**  
**from 2pm**  
**We play 'Chicago'**  
**-no partner necessary**  
**£2.00 including refreshments**  
**More information**  
**from John Smith: 015395 63550**

Everyone welcome

## HEVERSHAM



Wednesday December 11th  
7.30pm The Athenaeum, Leasgill  
Members' Christmas Party!  
Our competition is 'A wrapped parcel'  
\* \* \*

2025:

First meeting of the new year:

Wednesday January 8th

Speaker: Rebekah Gaylard

Topic: 'Mercy Ships'

Time: 7.30 pm

Venue: The Athenaeum, Leasgill

Competition: 'Something Maritime'

Visitors are most welcome, are asked to pay £2, and can now attend for 3 sessions before making a commitment to join. For further information please contact Maggie Hart on [hevershamw.i.24@gmail.com](mailto:hevershamw.i.24@gmail.com)



**Games Afternoons**  
**Every Tuesday in the Clubhouse**  
**2 – 4 pm**

**£2 inc refreshments**

Looking for an opponent to play games with and to keep yourself mentally active during the winter months? Then join us to play board games, dice games, word games, strategy games, paper & pencil games, card games & dexterity games.

Offering weekly - a new variety of games to play, some well-known, others which may be new to you.



## *Special Events, Services, Carol Services and Christingle Services - Everyone Welcome*

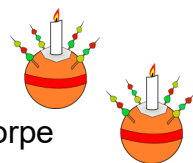
Sunday 1st 4.00 pm	Advent Service at Christ the King Church Haverflatts Lane Milnthorpe followed by refreshments in the church hall.
Tuesday 3rd 2.00 - 4.00 pm	Advent Communion & Afternoon Tea in the Levens Methodist Church Hall Transport can be provided if needed call Irene on 07958 605049
Saturday 7th  from 10.15am 11.00 am	Reflective Worship for Advent "Oh Hush the Noise" Fresh Coffee/Tea and Cakes Worship in Levens Methodist Church.
Wednesday 18th 4.00 - 5.00 pm	Carol Singing at Levens Bus Stop and around Levens village followed by fish and chips in Levens Methodist Church Hall
Friday 20th 10.00 am	Carols on Milnthorpe Green with South Cumbria Brass Band - see P 24
Sunday 22nd 4.00 pm	Levens Village Carol Service in St John's followed by coffee and mince pies
Monday 23 <sup>rd</sup> 10.00 am	All help gratefully received in St John's Church making the Christingles ready for Christmas Eve

  
Kendal Methodist Circuit



## *Christmas Eve Tuesday 24th December*

- 3.30 pm Christingle Service at St John's Church Levens
- 4.00 pm Christingle Service at St Thomas' Church Milnthorpe
- 6.00 pm Village Carol Service at St Peter's Church Heversham
- 7:30 pm Milnthorpe Village Candle Lit Carol Service at St Thomas' Milnthorpe with Favourite Carols and Christmas Readings  
Followed by mince pies and mulled wine
- 11.00 pm First Communion of Christmas at St John's Church Levens  
All welcome from our 3 parishes



## *Christmas Day Wednesday 25th December*

- 8.00 am Holy Communion BCP Book of Common Prayer  
at St Thomas' Church Milnthorpe
- 10.00 am Family Celebration with Holy Communion  
at St Peter's Church Heversham
- 10.30 am All Age Family Worship at Levens Methodist Church,  
United with St John's Church



## Sunday 29th December 'Fifth Sunday in the Month'

- 9.30 am United Service with Carols  
at St Thomas' Church Milnthorpe

# Blue Christmas

*A reflective service for those who experience sadness and loss at this time of year*

**Storth Village Church**

**Thursday 19<sup>th</sup> December**

**4pm**




# STORY TIME

## With Bryan

*in the new St Thomas' Community Rooms 3-15 - 4-15 pm*

**3rd & 17th Dec**  
**7th & 21st Jan**



Kids!  
Come and listen to a story...

Mums, Dads, Grannies and Carers ... come and enjoy a cuppa and a biscuit while the kids have fun!

*Be great to see you!*

# REST & RESET

Christian meditation  
A moment to press pause II

📍 *St James Church Arnside*

**6:15 - 7:00PM**

FEB TUES 4 <sup>TH</sup>	APR TUES 1 <sup>ST</sup>	JUN TUES 3 <sup>RD</sup>
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Contact 📧 [revhannahwallace@gmail.com](mailto:revhannahwallace@gmail.com) ☎ 01524 449 035



# REST & RESTORE

A time of prayer for healing & wholeness

📍 *St James Church Arnside*

**6:15 - 7:00PM**

JAN TUES 7 <sup>TH</sup>	MAR TUES 4 <sup>TH</sup>	MAY TUES 6 <sup>TH</sup>
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**2025 DATES**

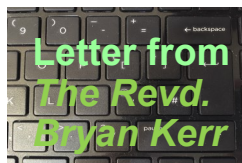


**Week of prayer for Christian Unity**  
**18th -25th January 2025**

On Friday 24th January,  
Christians in Milnthorpe and  
Heversham will meet together  
at St Thomas' Church at 12.15pm  
for a Jacob's Join lunch,  
followed by a short united service  
at 1pm.  
Come and join us

The Week of Prayer for Christian Unity is an ecumenical Christian observance in the Christian calendar that is celebrated internationally. It is kept annually between Ascension Day and Pentecost in the Southern Hemisphere and between 18 January and 25 January in the Northern Hemisphere.





Dear Friends,  
Christian speaker Glen Scrivener has identified four types of Christmas, or four ways (at least) people celebrate. He argues that Christmas, as a midwinter feast, represents our response to the darkness of the season, and also to the darkness of the world around us. How do we understand this world, and cope with the woes and wrongs that make it at times a terrifying place?

**There is the Scrooge Christmas.** A Scrooge says, 'Yes, darkness is all around. It always will be. Act accordingly.' Look out for Number One, Bah Humbug to the rest.

**Secondly, the Shopping Christmas.** A Shopper says, 'The light is going out so let's celebrate while we can.' There are only so many shopping days to go. Get what you can while we can. This life is all there is, so they try to make the most of it. 'Eat, drink and be merry for tomorrow we die' is their unofficial motto.

**Thirdly, there is (what I call) a Sentimental Christmas.** Sentiment says, 'Darkness? What darkness?' They choose to believe that all is light. A sentimental Christmas is where the days are merry & bright. Surround yourself with family & fun & blot out any disturbing thoughts. This month people might put themselves under much pressure to make it the best Christmas ever, just like the ones they used to know.

**Finally the Stable Christmas.** The Stable points to the original Christmas message. Here we take the darkness of the world seriously, but it is in that darkness we are offered the brightest future.

In a Carol Service, we hear about the one who enters the darkness for us:

*The people walking in darkness have seen a great light; on those living in the land of deep darkness a light has dawned. (Isaiah chapter 9 verse 2).*

Christians don't believe God is like a distant Santa in the sky. The Light is not a concept nor a fairy story. The Light is a royal Child born into our darkness. The giver of life is born to die. This is God's solution to the darkness. The Light of the world comes to us in human history.

As He grows up, Jesus goes all the way to a godforsaken death. Christmas leads to the cross. There Jesus takes on himself our wrongdoing and all the judgement that it deserves. The cross shows just how far God goes to shoulder our burdens.

This is the ultimate Christmas gift, a son is given to us, as Isaiah reminds us:

*For to us a child is born, to us a son is given, and the government will be on his shoulders. And he will be called Wonderful Counsellor, Mighty God, Everlasting Father, Prince of Peace. (Isaiah 9.6)*

On one level, the four Christmases is just a bit of fun; at times we may waver between being a Scrooge and being sentimental, for example. On another level, these types are asking the big questions: what is the world really like? Where are we headed? And how should we live in response?

The four kinds of Christmas are four approaches to life.

How do we cope and where do we find hope?

**Find out more at [www.fourkindsofchristmas.com](http://www.fourkindsofchristmas.com)**



A very happy Christmas to you and yours, every blessing for 2025.

Revd Bryan Kerr, Priest-in-Charge of St Thomas', St Peter's, St John's Churches

## Monthly Afternoon Holy Communion

Thursday 17th January 2.00 pm  
at St Thomas' Church, Milnthorpe  
(Book of Common Prayer)



Tuesday 28th January at 2.30pm  
(last Tuesday in the month) at St  
John's Church Levens



Kendal **Methodist** Circuit

Revd Tiras Dainty-Share 01524 963716  
**Email:** [tiras.ds@methodist.org.uk](mailto:tiras.ds@methodist.org.uk)

## Levens Methodist Church

10.30am Services unless stated led by:

Dec 1st Revd Les Hann  
8th KEMC United Service St James  
15th. David Piggott  
22nd. Revd Tiras Dainty-Share  
25th CHRISTMAS DAY All Age Worship  
- United Service with St John's  
led by Revd Tiras Dainty-Share  
29th. United Service at Arnside

Jan 5th Irene McKay  
12th United Service at St John's 9.45am  
19th Revd Dainty- Share  
26th Holy Communion led by  
Revd Barbara Fairburn

## Christ the King RC Church Haverflatts Lane Milnthorpe

Sunday Mass celebrated at 10.30am  
Friday Mass celebrated at 10 am

Find on YouTube channel  
and Facebook Group by searching:

## Kent Estuary Catholic Churches

Fr Hugh Pollock 01539 720063

Email:  
[kendalcatholicchurch@gmail.com](mailto:kendalcatholicchurch@gmail.com)

## CHILDREN'S SUNDAY SCHOOL Milnthorpe

meets during the  
11.15am morning service  
1st & 15th December  
5th & 19th January  
then with a fortnightly pattern:

When there is no  
Sunday School,  
there will be quiet  
activities for children  
in the children's  
corner in church.



## St Peter's Church NEWS

The work for the  
new entrance and  
disabled toilets  
started in November.



The main entrance  
will be inaccessible as will the  
toilet while the work is being  
carried out.

Entry into the church will be by the  
side door which is not suitable for  
anyone who is a wheelchair user.

Jane Fell, Churchwarden

## Advent Service

Sunday 1st December  
at Christ the King Catholic Church,  
Milnthorpe at 4.00 pm, followed by  
refreshments in the church hall.  
You are all most welcome



Sunday 8th December  
10.30am  
KEMC Churches Gathering  
at St James, Arnside

Everyone Welcome

**You are welcome at  
Sunday Morning Services at Parish Churches, detailed here  
Christmas Services are detailed on pages 10-11**

### 8.00 am Holy Communion (BCP)

St Thomas' Milnthorpe  
1st & 15th & 29th December  
5th & 19th January

St Peter's Heversham  
8th & 22nd December  
12th & 26th January

### 9.30 am St Peter's Heversham

1st Dec Parish Communion  
8th 10.30 KEMC at St James, Arnside  
15th Parish Communion  
22nd Morning Praise  
29th Fifth Sunday 9.30am St Thomas'

5th Jan Parish Communion  
12th Morning Praise  
19th Parish Communion  
26th Morning Praise

### 9.45 am St John's Levens

1st Dec Parish Communion  
8th 10.30 KEMC at St James, Arnside  
15th Parish Communion  
22nd Morning Praise  
29th Fifth Sunday 9.30am St Thomas'

5th Jan Parish Communion  
12th 10.30 am Gift Day  
19th Parish Communion  
26th Morning Praise

### 11.15 am St Thomas' Milnthorpe

1st Dec Morning Praise  
8th 10.30 KEMC at St James, Arnside  
15th Morning Praise  
22nd Parish Communion  
29th Fifth Sunday 9.30am St Thomas'

5th Jan Morning Praise  
12th Parish Communion  
19th Morning Praise  
26th Parish Communion

What's the latest?



[www.stthomasmilnthorpe.org.uk](http://www.stthomasmilnthorpe.org.uk)  
&

[www.stpetersheversham.org](http://www.stpetersheversham.org)

If you would like an email of the weekly notices please click on 'contact us'

[www.levens.org.uk](http://www.levens.org.uk) has local info and NEWS and a link to the same archive of Parish News <https://www.levens.org.uk/st-johns-church>

@NEWparishnews

Facebook page. Items posted are forwarded to Milnthorpe What's Going On page too.

**Milnthorpe What's Going On**

page on Facebook to catch up with what is going on !

And **KEY** weekly Youth Activities post on this page

[www.heversham.org](http://www.heversham.org) has local info and an archive of over 20 years of Parish News in A4 pdf version.

[Nextdoor.co.uk](http://Nextdoor.co.uk)

Local info, tips and ideas



To sign up to the weekly emailed notices for Parish Churches in **Heversham** and **Milnthorpe** please email 'contact us' via the websites.

For regular email updates for St John's Church **Levens** please email:  
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# *Parish News, part of the church in community*

is run by 3 Parish Churches

**of St Peter's Heversham, St John's Levens & St Thomas' Milnthorpe also including services details for the local Methodist and Catholic churches**

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**Distribution Team** of more than 60 volunteers **deliver 2,500 copies** across the three parishes 10 times a year in all weathers! - thanks everyone!



**parishnews@heversham.org** Mrs Jane Cushnie Tel: **015395 64582**  
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Levens News: jill.butterworth54@btinternet.com Mrs Jill Butterworth Tel: **61676**

**Priest-in-charge of Levens, Heversham & Milnthorpe**

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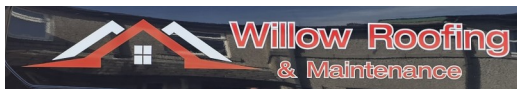
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<p><b>Hamish Foulerton</b> <b>07747 788370</b> Qualified, knowledgeable, professional <b>Gardener</b> over 20 yrs experience Expert effective maintenance, grass cutting, tree, hedge &amp; shrub pruning. Garden renovations &amp; fences.</p>	<p> 07766395595</p> <p> </p> <p><b>Berry's Garden Services</b> "Bespoke Horticultural Excellence"</p> <p>admin@berrysgardenservices.com</p>	
		<p><b>Grass &amp; hedge cutting fencing garden maintenance</b> David Abel 0789 0502534</p>

*The Christian congregations of  
Heversham, Levens, Milnthorpe  
Wish  
A Very Happy Christmas  
To you all*

*Christ the King, Milnthorpe; Methodist Church, Levens  
St John's, Levens; St Peter's, Heversham; St Thomas', Milnthorpe*



*St Thomas' Milnthorpe*

**Carols** ON THE  
**GREEN** Milnthorpe

Friday 20th December  
10.00 am

with  
South Cumbria  
Brass Band

All welcome!