AUG & SEPT
2018

Saint Peter's Church, Heversham, Saint John's Church, Levens and Saint Thomas' Church, Milnthorpe

Parish News

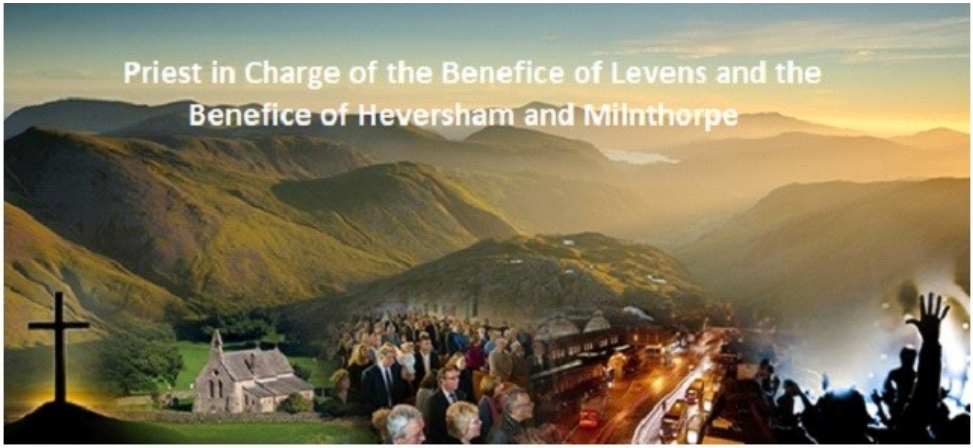
What's your favourite flavour ?

Sundays at the Parish Churches

AUG		
5th	8.00 am	During Art Show wknd: Holy Communion (BCP) at St Thomas'
	10.00 am	Parish Communion St John's
	10.30 am	Joint Parish Communion at St Peter's
12th	8.00 am	Holy Communion (BCP) at St Peter's
	9.30 am	Communion Praise at St Peter's
	10.00 am	All Age Worship with the Methodists at St John's
	11.00 am	Parish Communion at St Thomas'
19th	8.00 am	Holy Communion (BCP) at St Thomas'
	9.30 am	Parish Communion at St Peter's
	10.00 am	Parish Communion at St John's
	11.00 am	All Age Worship at St Thomas'
	6.30 pm	Re-starting - Prayer and Praise at St Peter's
26th	8.00 am	Holy Communion (BCP) at St Peter's
	9.30 am	All Age Worship at St Peter's
	10.00 am	Parish Communion at St John's
	11.00 am	Parish Communion at St Thomas'
SEPT		
2nd	8.00 am	Holy Communion (BCP) at St Thomas'
	10.00 am	Parish Communion St John's
	9.30 am	Parish Communion at St Peter's
	11.00 am	Parish Communion at St Thomas'
9th	8.00 am	Holy Communion (BCP) at St Peter's
	9.30 am	Parish Communion, at St Peter's with Archdeacon of Westmorland and Furness
	10.00 am	All Age Worship (United with the Methodists) at St John's
	11.00 am	Parish Communion and Sunday School at St Thomas'
16th	8.00 am	Holy Communion (BCP) at St Thomas'
	9.30 am	Parish Communion at St Peter's
	10.00 am	Parish Communion at St John's
	11.00 am	**HARVEST FESTIVAL** at St Thomas' and Sunday School
	6.30 pm	Prayer and Praise at St Peter's
23rd	8.00 am	Holy Communion (BCP) at St Peter's
	9.30 am	**HARVEST FESTIVAL** All Age Worship at St Peter's
	10.00 am	Parish Communion at St John's
	11.00 am	Parish Communion at St Thomas' and Sunday School
30th	8.00 am	Holy Communion (BCP) at St Peter's
	10.30 am	Fifth Sunday United 3 Parishes Service & Sunday School at St Thomas' Church Milnthorpe

Levens: Harvest Sunday 7th October & Supper Mon 8th Oct.

Please check weekly notices for any changes.



Could you help us by leading three lively and committed churches as they come together as a united benefice?

St. John's Levens, St. Peter's Heversham and St. Thomas' Milnthorpe, situated on the southern edge of the Lake District, are seeking a priest in charge who will lead their committed, kind, friendly congregations into a new era of worship and service.

The post holder will be Mission Community Leader of this dynamic and emerging Mission Community. You will work alongside supportive and enthusiastic colleagues; lay and ordained; Methodist and Anglican.

Main Responsibilities:

Lead us:

- to grow in our discipleship and in spiritual maturity as individuals, as churches and within the Kent Estuary Mission Community
- to identify and develop the gifts God has given us and to use them to his glory.
- to grow in confidence, generosity and courage, to reach out in mission to the people we meet in our everyday lives and also to grow in faith-inspired action.
- to grow in number.
- to improve our buildings to serve our communities better.
- to see open doors – in our church buildings, our homes and in our hearts and minds.

Please call The Archdeacon of Westmorland and Furness, Vernon Ross for an informal chat (015395) 34717.

Completed applications by email to
archdeacon.south@carlislediocese.org.uk

Closing Date 12 noon 3 September 2018
Interviews 20 September 2018

CARLISLE DIOCESE

info : Christians Together in Levens

and

CTiM - Christians Together in Milnthorpe & Heversham

Levens Good Neighbours.
A meeting for volunteers, when practicalities can be explained, will be on 12th September, 7 pm in the Methodist Church. It is hoped to launch in October.

Christians **T**ogether in **L**evens

You are invited on **Tuesday 31st July at 2.30pm,** to a **Summer Holy Communion Service** followed by a **social time & afternoon tea 3pm** in the **Methodist Chapel, Levens**

Please let Pam Martin (60441) or Irene McKay (61881) know if you would like to come at 2.30 or 3pm, for transport arrangements.
We look forward to seeing you

M:Oasis
Methodists in Milnthorpe
M:Hub, Beetham Road

Coffee, Cake & Bible at 3.00pm
12th and 26th August
9th and 23rd September

Sunday Gathering 10.30am
19th August and 16th September

Christians Together in Levens
invite you to join us in praying for our village; for those who live in it, those who work in it, and those who visit. In August we think especially of Main Street, The Green, The Square and Vicarage Road, in September of Greengate Crescent, Greengate, Beathwaite Close & Meadow Wood.

Levens Methodist Church,
at 10.30 unless stated otherwise

5th Aug Kelsall Huddleston
12th United Service at St John's at **10am** All Age Worship.
19th Revd Les Hann Sacrament Service
26th Revd John Hancock
2nd Sept Revd Les Hann
9th United Worship **10am** St John's
16th Kelsall Huddlestone
23rd Barbara Fryers
30th Maureen Timmis

Christians Together in Levens:

Monday Group does not meet in Aug. For Sept please see boards / Weekly Notes nearer the time.

Kent Estuary Catholic Churches - Milnthorpe - Arnside - Grange
Fr. Philip Smith, 015395 32731
Christ the King RC Church
Haverflatts Lane , Milnthorpe
Sunday Mass 10.30 am.
Confessions: Saturday 10.30 -11 am or on request

News from the Parish Churches

Milnthorpe with Heversham MU

Wednesday 5th Sept - social afternoon and quiz at St Thomas' Church Centre

www.themothersunion.org
international Christian Charity
4 million members across 83 countries

Mothers' UNION
Christian care for families

Harvest

Intergenerational Activity Afternoon

Saturday 15th September
2pm - 3.30pm
at St Thomas' Church Centre
Games and activities for all members of the family

Refreshments
Everyone welcome

HARVEST SUPPER

Saturday 15th September
St. Thomas Church, Milnthorpe
6.45 for 7 pm (please no earlier)
Adults £7 Children £3.50
Tickets at Friday Coffee Morning
or contact Val Robson 62904
Linda Cooper 63836

Harvest Thanksgiving Services
details on Page 2

St John's Flowers

Aug
5th Mrs K. Dawson
12th Mrs J. Marsh
19th & 26th tbc

Sept
2nd Mrs E. Addison
9th Mrs M. Dobson
16th Mrs S. Smith
23rd Mrs A. Arnfield

Messy Together

St John's 23rd Sept (4th Sunday)
4 pm for an hour approx
for all families with children
from new-borns up to
the end of primary school
- storytime, art and craft, action rhymes, singing, refreshments

All welcome: please contact Pam 60441to make sure numbers are catered for in crafts, etc..

Men's Breakfast:

St Thomas' Church Centre
on Second Saturday 8 am
11th Aug & 8th Sept

Thursday 16th August
and 20th September
2pm
Communion Service
(Book of Common Prayer)
at St Thomas' Church
followed by tea
in the Church Centre
All Welcome

St John's Church, Levens

Tuesday - Thursday
8.15 am Morning Prayer
If there is no formal Morning Prayer on any occasion you are welcome to visit the prayer chapel to use the books there at any time.

Second Wednesday each month, 6.30 pm
Prayers for Healing service
all our three parishes are always welcome to attend this, as other services.

Call in for a cuppa & cake & chat :
Pop in for a quick coffee or
stay the whole time -
whatever suits you.

Friday Coffee Morning
for the whole community
10.00 am - 11.30 am
St Thomas' Church Centre
Milnthorpe

Community Coffee Morning
at Plumtree Hall,
Heversham

second Monday of the month
from 10- 11.30 am

enjoy a chat
over coffee and cake.

M:HUB Beetham Rd, Milnthorpe

Fridays 9.30 am - 12.15 pm

Levens Coffee Shop

Mon Wed Fri
2.30 - 4.30 pm
Levens Methodist Church

Books 2 Borrow Jigsaws 2

Old School, Heversham
next to St Peter's Church

ongoing work with servery during August

new **Community Drop In resumes in Sept**

come & see improved facilities
on Tuesday 11th Sept from 12.30 pm
&
on 25th Sept from 12.30 pm
the event is for MacMillan-
World's Biggest Coffee Morning Week.

Both dates serving Sandwich Lunch
Optional activities/crafts

STRAWBERRY TEA

at Levens Methodist Church

All donations will support life-changing work with women in Zimbabwe

Thursday 9th August 2-5pm

Shoppers Service
the second Friday in the month
Farmers' Market
Milnthorpe

10am Friday
August 10th
and September 14th

10 minutes service with 'a thought for the day', a hymn, a prayer
in St Thomas' Church

ADVANCE NOTICE

I know it's early but wanted to give some warning before we all disappear for the holiday period.
A Discipleship Course - for anyone interested from St John's, St Peter's and St Thomas' - will be starting on Monday 17th September. The course will be monthly over 10 months and based on the book 'Holy Habits'. It's not proposed this will take the place of Home Groups - nor is it essential folks will have to be able to attend all sessions (although obviously I hope folks will be able to!). More details nearer the time - but do speak with me (or email me on annie@annegarden.uk) for more information.

Annie

Fresh Expressions of Church in Milnthorpe

The Kendal Methodist Circuit has appointed a new 'local pioneer' based at M:Hub.
Penny Severn will be taking steps to establish a fresh expression of church over her three year appointment in Milnthorpe.

The 'Fresh Expressions' model begins with lots of listening and talking to the community, and lots of prayers! So if you are interested in Fresh Expressions and find you would like to support this project please come and chat to Penny. She has opened the café at M:Hub on Tuesday afternoons from 2 to 4:30, come and have a brew! See poster P6.

We also pray for the project every other Monday morning from 9:15 at M:Hub Next dates 6th and 20th August; do join us for that.

Penny Severn and the Methodist Circuit.

A Day of Encouragement
celebrating
God's Glory
with James Newcombe,
Bishop of Carlisle
Jonathan Halsey,
Capernwray Bible College
& David Preston, Worship Leader

Talks-Fellowship-Music-Lunch

Saturday 29th Sept
Arkholme Village Hall LA6
10.30

Postponed after went to press

jo
or
An
anne@nwbirds.co.uk

South Lakeland age UK

Get Safe Online and Be Fraud Smart'
Fraud cost the British population more than £600m in 2013. Whether this was through online shopping, online banking or ID theft, fraudsters continue to think of new tactics to trick you and it's important that you learn more about fraud and how you can protect yourself from it. Age UK are pleased to host a number of free talks by Barclays Digital Eagles to show you how to keep safe online.

Monday 13 Aug 1 - 4 pm MHub Milnthorpe
Wednesday 22 Aug 1 - 4.pm in Kirkby Lonsdale
Thursday 13 Sep 1 - 4 pm Arnside

To book a free place and further details on venues please ring Age UK on 01539 728118 .

Act Your Age Theatre Group are looking for new members . If you are interested in theatre, backstage, acting or writing this could be the group for you. They meet most Tuesday afternoons at the Brewery Arts Centre in Kendal . If you would like to find out more, please contact Tricia Gordon on 01539 725133 .

Snooker, Pool, Dominoes and Darts Group meets at the Albion Social and Snooker Club on Sandes Avenue in Kendal every Thursday 1.30- 3.30pm .Come along and join us for a sociable afternoon.

weekly Gentle Exercise Class at Levens Methodist Church from 10.30am to 11.30am on Wednesdays . Come along, have fun and enjoy 45 minutes of gentle exercise , predominantly chair based followed by coffee and a chat. It will help your mobility, muscle strength and balance. Only £2.50 Come and give it a try.

Enjoy playing football? Then come along to our **Men's Over 40's Walking Football** at the 3G pitch at Dallam School in Milnthorpe. Weekly sessions on Tuesdays from 6.50pm - 7.50 pm. .For more information and to book a place in Milnthorpe, please contact Peter Ducksbury at the Westmorland FA on 01539 730946. **Or try our Walking Football Group for the over 60s** at Kendal Leisure Centre, which is weekly on Tuesdays from 3.30pm - 4.30pm. Ring Age UK for more information.

Walking Netball Fortnightly sessions on Thursdays at the Old Sports Hall Queen Elizabeth School from 5pm- 6pm **(9th and 23rd Aug)** . Walking Netball is a slower version of the game; it is netball, but at a walking pace. The game has been designed so that anyone can play it regardless of age or fitness level. Come and give it a go. £2 per session. Bookings/ info contact Kim Bradshaw Community Sports Coordinator on 07966 55 6944.

If you would like further information about any of the above or any of the services which Age UK South Lakeland can offer older people, or if you would like to volunteer for us, please contact Age UK on 01539 728118 .

Milnthorpe Village Walks
on Second Mondays:
August 13th & Sept 10th.

Meet by the cricket pavilion at 11am for a short walk through the park or bring some lunch and go a little further afield. Some of us walk whatever the weather!
[NB' the small print. walkers come at own risk].

Heversham WI
Aug Meeting—outing to Kitridding Farm on Tuesday 14th August.

All Welcome Sept Meeting
Ladies, men, students
Wed, 12th Sept at 7.30 pm
Speaker John Falkingham
"Burma Revisited"
Comp: a foreign coin

Line Dancing starts again
Tuesday 4th September.
Beginners 6.30 pm
Improvers 7.30 pm
new venue The Catholic Church Hall.
Haverflats Lane. Milnthorpe.
Looking forward to seeing our regular dancers and some new faces too
Tel Sue with any questions
07772 757748

Singing for Fun
at Christ the King Church Hall,
Haverflatts Lane, Milnthorpe
last Tuesday in the month
7 - 8.30 pm info:.64099

Milnthorpe Craft Club
Mondays 10 - 12 noon
at St Thomas's Church
Refreshments available.
For details - Maggie on 61806

citizens advice South Lakes

I've seen a new property advertised which I'd like to rent and am thinking about putting a holding deposit down. However, the rent is really cheap - should I be worried it's a scam?

You're right to be cautious if the rent is a lot cheaper than the market rate. Don't pay a deposit before you view the property and look at your tenancy agreement.

If the landlord refuses to let you view, beware. Even if you have seen the property, check your tenancy agreement for the name and address of the landlord, along with their contact details. If you cannot get a contract and landlord details, do not pay a deposit.

Also check if the landlord is a member of a professional association or accredited by the local council. Membership isn't compulsory, but it will mean they are legitimate and will operate to a minimum standard.

Trust your instincts and if in any doubt, don't part with your money.

For further help on identifying possible scams contact your local Citizens Advice, or call the Citizens Advice consumer service on 03454 04 05 06.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. We have various outlets across South Lakeland and can also give advice over the phone – telephone 03444 111 444 for an appointment and help, 015394 46464 for debt and on-going enquiries

SILENT SOLDIERS

Milnthorpe Parish Council has set up for donations to the Milnthorpe Silent Soldier initiative. To mark 100 years since the end of World War One the idea is to place "Silent Soldiers" around the village.
A Silent Soldier is a life sized metal silhouette painted black. The images, if cut from black dibond, should be both tough and weatherproof but moveable, so could be stored indoors when not in use.

They are to be put in place as a mark of respect for those Milnthorpe lads who never came home.
The idea is being used in various parishes elsewhere in the country.
The costs there are being funded at least partially by sponsorship from local businesses and donations.

The cost will be £250 per Soldier. Donations can be made at Refresh Cafe in the Market Place. Any monies left over will be donated to this year's Poppy Appeal.

Heversham are looking at ways of commemorating the centenary of the end of WW1 in various ways including the lighting of a Beacon on Heversham Head, ringing of church bells, Barn Dance at Park House Barn, an afternoon tea and display in St Peter's Church. Roger Bingham is writing short vignettes for the seventeen who died . We are hoping that there will be both church and community involvement in the events. Full details will be published in the October magazine.

Sunday September 16th
at 5.30pm
A concert in St John's, Levens, by the Herdwyck Consort – for church funds.

Please come and support us – and bring your friends!

Defibrillator Training
Free Training for use of the defibrillator at the Athenaeum will be planned, once interest has been gauged. Please phone Pam Forrester on 015395 62170 if you would like to register your interest.

QUEST meets at 10am
2nd and 4th Thursdays
in The Athenaeum Leasgill

Talk - Coffee - Questions
Visitors Welcome
27th September - Maurice Steele
'Namibia- to escape the rain'

11th October - Stuart Newton -
'The Heron Theatre
- Past and present '

Contact Patricia McPoland
015395 62765
Email: McPoland@btinternet.com

pinboard

BADMINTON IN THE ATHENAEUM.

New players are invited to join our small friendly group. We meet most Monday nights from 8pm to10pm.

Just turn up on the night or 'phone Robin Sisson on 07831394045 for more info.

Athenaeum Management Committee AGM
Wednesday 19th September
In the Athenaeum 7.30pm
Everyone welcome

CARTMEL AGRICULTURAL SOCIETY CUMBRIA

Cartmel Show
First Wednesday in August

St Peters Church
Quiz night & Hotspot Supper
Saturday 13th October
In the Athenaeum
Doors open 6.30pm
Start 7pm Prompt
Teams of 1-4 players
Bring your own drinks/glasses
Tickets £10 - more info in Oct

the HERON theatre
Select your own seats and book on line at www.theherontheatre.com

FILM AT THE HERON - SUMMER

Friday 6th July 7.30pm
HEAL THE LIVING (2017) [12A] 104 mins
(In French with English sub-titles)
Friday 20th July 7.30pm
The SHAPE of WATER (2017) [15] 118mins
Best Picture and three other OSCARS in 2017
Friday 3rd August 7.30pm
PHANTOM THREAD (2018) [15] 127 mins
Friday 31st August 7.30pm
DARKEST HOUR (2017) [PG] 125 mins
Gary Oldham Best Performer OSCARS 2017

The Box Office is closed for the summer.
Please book on line or pay on the door.

Macmillan Coffee Morning
Saturday **29th Sept**
in **Levens Institute**
10 am - noon

FEEL GOOD! THE WORLD'S BIGGEST COFFEE MORNING

Joeys Nursery and Out of School Club
For all your childcare needs from the age of 0-11
50 weeks of the year

Joeys

Places available for
Koala Room for 0-2 year old
Little Jumpers Room 2-5 year old
Nursery Free Entitlement for 2-4 year olds up to 30 hours a week term time or spread over the whole year between the hours of 7.45 am – 6 pm
Out of School Club during term time breakfast and after school for Milnthorpe Primary School children
School Holiday Club 7.45am-6pm every holiday open to all primary age children in the area

Phone 015395 64090 E: helen@joeysnursery.co.uk

Joeys is part of Milnthorpe Family Centre a registered charity No. 1131829 offering support to families on a non-profit basis

Milnthorpe District Food Bank
provide short-term emergency food parcels in Milnthorpe area, distributed in response to referrals from professional agencies.
Mobile telephone for referrals:
07582 166564

Items can be left at St Thomas', St Peter's, M:HUB, Christ the King, Trinity Church and Milnthorpe Library.

The Levens Food Bank contributions go to King's, Kendal.
www.kingsfoodbank.org.uk

Booths, Milnthorpe have a box for LDHAS - Lancaster & District Homeless Action Service.

E&R AUTOS LTD
Quarry Lane, Sandside
015395 63101
Vehicle Servicing & Repairs
MOT Booking & Preparation

07415 303222
LA **7** .TAXI.com

for your New or Used Car come to
PV DOBSON & SONS
(Motors) Ltd
Bridge End Garage, Levens
015395 52441
Mechanical & Body Repairs, MOT Testing

MOBILE LOCKSMITH
Locks opened / replaced
Ring for a quote
015395 68170
07827481922

BPS Roofing
All aspects of roofing
contact Ben
015395 63844
07786 407187

Stephen Malkin 62137
Slating & Roofing Specialist
Re-roof/ Repairs
Exterior maintenance
not VAT reg

Fibre Glass
Flat Roofing
Dormers, Garages, Extensions
Approved Installer
contact Paul Gott
015395 64529

The Original LOGSDIRECT
Kiln Dried Logs · Smokeless Fuel · House Coal · Kindling · Firelighters · Briquettes · Pellets · Top Soil · Compost · Bark
01524 812476
www.logsdirect.co.uk
Free local delivery (min order required)
Brooklands Farm, Addington Road, Lancaster, LA2 6PG.

skb window cleaning
local window cleaner fully insured
hard to reach & velux windows
frames, doors, garage doors
solar panels conservatories
07783 802192 or 62877

CHRIS EASTON WELDING
Gates, Railings,
Garden Ornaments
and General Fabrication
07917 402394

CHIMNEY SWEEP
Chris Backhouse
ICS Registered member.
Public Liability insured
Open fires, stoves, agas, camera inspections
07443 902903

Andrew Backhouse
Chimney Sweep Ltd
est 1992 Trading Standards Approved
All types of chimneys and flues swept
Public liability insured
015394 45117
07763 145594

The Villa Hotel, Levens
LA8 8EA
set in 14 acres of parkland.
Open to non-residents all year
Morning Coffee – Lunch
Afternoon Teas - Dinner.
Weddings – Functions
Funerals – Conferences
Private Dining.
01539 980 980
E:reception@thevillalevens.co.uk
www.thevillalevens.co.uk

GOA spice
Authentic Indian Takeaway
open daily 5 pm -10.30 pm
Milnthorpe Square 64700
www.goaspice.com

CHOICE CATERERS
Bev Carling 01524 736393
07896 298072
www.choicecaterers.co.uk

3 character holiday cottages
in **Heversham**
015395 64809 or 07717 171283
Mary Davies
www.oldebluebellcottages.co.uk
Tripadvisor Certificate of Excellence

The Gilpin Bridge Inn
Levens 015395 52206
Good Home cooked pub food
& a cracking pint!
Food times Sat 12-9 Sun 12-8
Mon-Fri 12-3 & 5-830
Coffee & Cake deal
from 10.30 daily
Free Function room hire available
Play area/games room
8 bedrooms/dogs welcome

For all your special occasions
Tracie Penwarden
Soprano & Singing Teacher
015395 62363

Bed & Breakfast
at Viver Watermill, Hincaster.
Enquiries & Bookings
to Dianne Woof
015395 61017

PARK HOUSE BARN
Wedding and Function Venue
Park House Farm, Heversham
www.parkhousebarn.com
015395 63340 or 07977 180939

Bay Vets
"The Community Vets"
Inspiring trust, passion & care
oto deliver excellence
to pets and their families.
Lancaster 01524 32696
Morecambe 01524 410867
Milnthorpe 015395 62770
Caton 01524 770615
24 hours emergency service
info@bayvets.co.uk
www.bayvets.co.uk

Lane House at Levens
Ensuite Bed & Breakfast
John Riley *Proprietor*
015395 60381

Self catering COTTAGE
SLEEPS TWO
BIRSLACK GRANGE, LEVENS
015395 60989
www.birslackgrange.co.u

Westmorland
Veterinary Group
Experienced vets
for your much loved pets
Kendal 01539 722692
Kirkby Lonsdale 015242 71221
24 hr Emergency Service
www.westmorland-vets.co.uk
XL Vets Pets

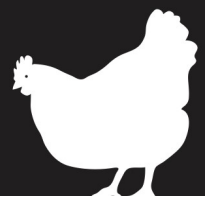
Bed & Breakfast
Barn Close, Beetham
Featured in Alastair Sawdays
"Special Places to Stay for Garden Lovers"
Anne Robinson
015395 63191 07752 670658
www.barnclose-beetham.co.uk

'THE ORCHARD'
Holiday Cottage to Let in Levens
Owners: Chris and Shirley Band
Enquiries and Bookings to:
01244 352155
www.sykescottages.co.uk

Farm Shop
Café
Farm Trail
& Crafts

LOW Sizergh BARN

Pastured Eggs
Our hens' natural and varied diet makes for an exceptionally tasty egg.



Milnthorpe Kennels and Cattery

Pet Boarding for dogs, cats and small animals. Comfortable purpose built home from home.
Pet Supplies

015395 62665
www.milnthorpekennelsandcattery.co.uk

non-emergency NHS number

CALL 111

Market Place Books

Your local Christian Book shop
Market Square , Kendal
(next to Café Nero)
01539 724532
manager@marketplacebooks.org

Bibles, Christian Books, Devotional Books, Biographies, Theology, Fiction, Greetings Cards, Gifts, Church Supplies & Children's Books

Upper Cuts Barbers
15 Park Rd, Milnthorpe
T: 62300

Green Dental

25 Main Street, Milnthorpe
LA7 7PP

Accepting new patients
Excellent family dental care
Payment options available

015395 63685

CUTZ HAIR SALON
13 Main Street, Milnthorpe
T: 64484 also find us on FACEBOOK

Living Well

Supplements & Health Foods
Milnthorpe
015395 63870

Chiropody Clinic

Judith Swift BSc HPC Registered
Unit 6, Bridge End Business Park
Park Rd, **Milnthorpe**
015395 64303

Sue Spencer
COUNSELLOR
BACP Registered
015395 62217
07804 863408
www.suespencercounselling.com

Pain - Relief
Massage Therapy
Fully Qualified & Registered
back - joint - muscular pain, tension and stress.
Louise Wood MSc, SNHS
0770 33 33 770

FOOTCARE AT HOME
Tracey Garrett BSc MinstCHp
FOR HOME VISIT
Nail trimming - Ingrown nails
Corns- Callus
Diabetic foot care & advice
Phone 07766 167018

L M Baverstock
Ophthalmic Opticians
The Square, Milnthorpe
62633

Park View Surgery

Haverflatts Lane
Milnthorpe LA7 7PS

and 21 New St, Carnforth

www.parkviewsurgery.org.uk

01539 715555

When surgeries are closed
call 111

Irene Taylor Hearing Centres
Salt Pie Lane, Kirkby Lonsdale
015242 73589
Specialist in hearing aids & protection
Earwax removal by microsuction
www.prestonhearingcentre.co.uk
est.1980

Ralph Sutton D.O.
Registered Osteopathic
Milnthorpe & District Osteopathic Clinic
015395 65777

Abbeyfield
Hartland House
Residential & Respite Care
Manager - Mark Harrop
015395 62251

PLUMTREE HALL

HEVERSHAM
Independent living
for over 55's

En-suite Rooms/Apartments. Lift
Good home cooking
Reasonable rates. Short stay availability. Care provision accepted

contact Helen Wilson 63015
or Sarah Gott 64529
www.plumtreehall.co.uk
Plumtree Housing Assoc Ltd

Lakeland & Lunesdale Physiotherapy & Sports Injury Clinic
Chartered, HCPC qualified staff

Aches, Pains & Movement Problems
Sports Injuries, Women's Health, Respiratory Services, Pilates, Acupuncture, Podiatry/Chiropody, Myofascial Release, Exercise Studio
Milnthorpe 64727
www.physio-sportsinjuries.co.uk

Heversham House
Residential Care & Respite
Mrs I. Wales
63769

Lunesdale House
Residential Care Home
Phone Mr C D Green
63293

Computer Help At Home
Plain English help with your computer
Graham Brook
015395 60868

Burton Tech Support
All aspects of computer upgrade, repair and advice
Low callout charge.No Fix No Fee
Call Barry on 01524 781306
or e-mail bts@yobunny.co.uk

Thanks for all payments received so far. Please pay invoice for advert if still to do. We don't want to have to send reminders if possible

bay-tech.co.uk
Home IT Visits
Supply and setup
Tutoring and advice
I'll visit you at a time that suits
& Web Design
07769339253
matthew@bay-tech.co.uk

Computer, Laptop, iPad?
Do you need help ?
Home or Business
Experienced, qualified, friendly teacher
Alvina 079 0000 7979
alvinalabsvirs@hotmail.com

Lakeland Picture Framers
5 The Square, Milnthorpe
015395 62303

WRIGHT & LORD
solicitors

We are there for you when you need us...

Open 8am Monday to Friday
9am Saturdays
Home visits at no extra cost
Free initial advice

Telephone: 015395 65990

www.wrightandlord.com
37 Beetham Road
Milnthorpe
LA7 7QN

35mm slides scanned to CD
VHS & VHS C to DVD
Mini DV tapes to DVD
Video Hi8 to DVD
great memories & holidays
in a new format

Jane Cushnie 64582
mail@photoideas.co.uk

A2A
A website that you control, as many pages as you WANT!
Websites from £300+VAT
Domains from £25+VAT
Hosting from £65+VAT
View our portfolio at www.a2a.co.uk
Telephone 015395 64486
2 Beetham Rd, Milnthorpe

milnemoser
solicitors

Providing practical and cost effective legal solutions since 1819 to the local community.

Local solicitors available for home consultations.

100 Highgate
Kendal
T. 01539 729786

Westmorland House
The Square
Milnthorpe
T. 015395 62263

www.milnemosersolicitors.co.uk

DIGITAL TV AERIAL AND SATELLITE
FROM NBC-SKYNET
TV Aerials : Freesat : Sky Repairs : TV Install & Set Up
07710 400 499 015395 62561
LOCAL - PROFESSIONAL- RELIABLE

Furness
Building Society
at Poole Townsend
4 Park Road, Milnthorpe
015395 62044
milnthorpe@furness-agency.co.uk

Furness Building Society is on the Financial Services Register reg n0 159624

poole townsend
LEGAL | PROPERTY | FINANCIAL

Your local Solicitor,
Estate Agency
& Financial Advisor
First appointment FREE
4 Park Road, Milnthorpe
T: 015395 62044
E: agunby@pooletownsend.co.uk
www.pooletownsend.co.uk

Poole Townsend are Independent Financial Advisers authorised & regulated by the Financial Conduct Authority FCA
Regulated by Solicitors Regulation Authority SRA no 00076553

HALLS WASTE
All waste removed,
house clearances.
licensed asbestos
& waste removal.
Mike 07813 855479

Ryan Simpson
Septic tank emptying,
Skip hire
& ground removal.
07766 971167

A&A GROUNDCARE

GROUNDWORKS & SEWAGE TREATMENT SYSTEMS

Tel: **01524 812476**
Mobile: **07876 205361**

MARTIN TYSON ltd
General Builder
Tel. 62125

Holmeworks Handyman
Nobody likes doing homework
so let Holme Works do it
Give Neil a call on
01524 782177
or 07712 475863

CHRIS POTTS BSc MRICS
Chartered Building Surveyor
Design & Construction Consultants

Full architectural design Service
Extensions, Alterations and New Build
Internal re-design & Space Planning
Tel: 015242 73228
Mob: 07540 610582

E: Info@cnpassociates.co.uk
CNP Associates Ltd,
3 Market Square,
Kirkby Lonsdale, LA6 2AN

The Handy Man
Painting & Decorating
Joinery & DIY
Lawn mowing/hedge trimming
Phone **Ian** for an estimate 62410
07903 853747

TRAFALGAR
Projects
Building Services Ltd
Call Brian: 07766 131251

Levens Home Services
Your Local Family Business

Polite and Professional Levens Dad

Exterior Masonry Painting
Exterior Wood Staining
Exterior Joinery Work
Garden Maintenance

07434 735555
levenshomeservices@gmail.com

PLANS DRAWN
STUART MCMINN BSc HND ACABE
- **New Property Designs**
- **Extensions, Alterations**

01524 781081 or 07729 845147

Chaplows Heating Services
Gas Safe and Oftec Registered
Boiler Servicing & Maintenance
Les: 07831 223 140
015395 63017

ELMS CUMBRIA LTD
Door Repair Service
Garage, industrial, Automatic doors
Paul Schofield 64512
07799 332141
info@elmscumbria.co.uk

G Pickup Electrician
Experienced, Part P registered.
Inspection/Testing. All types of work.
07837 091630
graham.pickup123@btinternet.com

Terry Allen(Elect)Ltd
Local Electrician for 30 years
Commercial, Domestic, Industrial
Milnthorpe 63832

SPARK ELECTRICAL LTD
Simon Clark
Free consultation for electrical work
Rewires
Extra sockets
Under floor heating
Low energy lighting
07918 127393
015395 64350

O'CONNELL & BEAN
Boiler Servicing,
Repairs and Breakdowns,
Gas, LPG, Oil
Plumbing work
undertaken -
new heating/
Boiler installations
01539 724602

COLIN HARPER
Building Services
01524 781194
0788 0925170
Alterations ~ Extensions ~ Plastering
Roofing ~ Patios ~ Stonework ~ Tiling
Quality Work at Competitive Prices

COOPER ELECTRICAL CONTRACTING LTD
All types of electrical work undertaken
Commercial, Domestic & Industrial & Agricultural
Inspection and Testing & Portable appliance testing
01524 782474 or 077177 62274
www.cooper-electrical.co.uk E: info@ cooper-electrical.co.uk

DW Johnston
Building Services Ltd
62434 or 07887 756564
johnston708@btinternet.com

JPG Joinery
Joinery & Property Maintenance
Kitchens, UPVC Windows & Doors, Wooden Flooring
Paul Gott 64529
not VAT registered

S.C JOINERY
For all your joinery needs
Traditional and UPVC
Contact Shaun Confue
Holme (01524) 781179

W.G. BROWNLIE Ltd
JOINERY & BUILDING CONTRACTOR
extensions, building works, refurbishments, upvc windows, conservatories, doors, flooring
Levens 015395 60673 & 07810 602999

Decorator
Kay Griffin
015395 83542
07971 677171
kay@decoratorkendal.co.uk

JOINERS & CONTRACTORS
A. HUTCHINSON & SON
Levens
015395 60481 & 60491

TOM STEVENS
Joinery
Patios, Fences, Decking etc
Property Maintenance
65833 or 07968 799953

Little Gems Lady Decorator
01524 701127
07515 883609
littlegems.17@aol.co.uk

Neil Townley
Painter & Decorator
015395 63197
07969 406256

Ian Bradshaw
Painter & Decorator
015395 62089
07968 390396
No VAT. Free quotations

Julian Stobbart FLOORING
07792 749937
015395 62493

PLASTERER / TILER
Time Served, City & Guilds
Interior & Exterior Work
Wall & Floor Tiling
JOHN WALLING 64199
07907 286850

DRJ FLOORING
Domestic & Commercial
Flooring / Carpet Installer
07581 685561
enquiries@drjflooring.co.uk
www.drjflooring.co.uk

GILES
TREE SURGEONS
TREE SURGERY & GROUNDS MAINTENANCE.
FREE QUOTATIONS & ADVICE.
07501360859
@GILESTREESURGEONS
Gilestreesurgeons @gmail.com

T T Carpets
The Red Barn, Harmony Hill Milnthorpe
62898

MJM GARDENING
grass/hedge cutting, borders etc
(retired professional person)
Call Mark 015395 61833
07845 417639

D & C ATKINSON
LANDSCAPE CONTRACTORS
015395 62184
07919 892703
Commercial & Domestic.
Hard & Soft Landscaping
Low Maintenance Garden Design
Regular Contract Work

STEPHEN TAYLOR
STONEWORK
07732 709622 or 01539 731391
Dry Stone Walling ~ Stone Facing ~ Blocking
Patios & Steps ~ Garden Landscaping ~
Pointing~ Garden Fences ~ Decking
Fireplaces ~ General Building
Home & Garden Maintenance

Grass & hedge cutting
fencing
garden maintenance
David Abel
01524 762360
0789 0502534

VFMS
Hard and soft landscaping, Maintenance and tree work
Kevin 015395 52063
0777 345 3548
landscaperwindermere.com

General Garden Maintenance
Nick 83754
07766 395595
berrysgardenservices@gmail.com
berrysgardenservices.co.uk

Dave Harrison
Landscaping
Landscape construction, Hedge cutting
Tree and shrub care,
015395 64495

Parish News is run by the Parish Churches
of St Peter's Heversham, St John's Levens and St Thomas' Milnthorpe

by The Editorial Team:
Jane Cushnie, Jill Butterworth, John Thorley, Margaret Barrow, Wendy Dodds

Email: parishnews@heversham.org or 015395 64582 (pref Mon-Fri)
This is voluntary work - email will not be checked daily in summer holidays
Mrs Jane Cushnie, Dallam Barn, High Haverflatts, Milnthorpe LA7 7DG

NEWS from Levens: Mrs Jill Butterworth, 3 Greengate Crescent, Levens
E: jill.butterworth54@btinternet.com TEL: 015395 **61676**

For the October 2018 issue please send info by 10th SEPT 2018

*The Parish News is printed by S.I.D Designs, Mill Yard, Staveley LA8 9LR.
To the best knowledge of the Editorial Team all info is correct at time of going to press 17.7.18

Whilst the Church is most grateful for the support of magazine advertisers, no automatic endorsement of products or services can be assumed.

October Parish News issue boxes will come back for the villages' distribution team **on Wednesday 26th SEPT**

Room Hire

Milnthorpe St Thomas' Church Centre	Geoff Gregory 64082
Heversham Leasgill Athenaeum/Village Hall	Roger and Pam 62170
Levens Institute	Helen and Alan Miller 60334
Levens Methodist Hall	Irene McKay 61881
Levens Pavilion	Stuart Duncan 07793 954970

Woodlands Nurseries

Flowers for all occasions
Crooklands
01539 567273

FISHWICKS
FUNERAL SERVICE
Beetham Hall
Beetham **63108**

EDWARD DUCKETT & SON
Joinery specialists &
Funeral directors
01524 784211
01524 781232

Kendal Wills
01539 728020
Wills & Lasting Powers of Attorneys
E:enquiries@kendalwills.co.uk
www.kendalwills.co.uk
Member of the Institute of Professional Will Writers and compliant with the IPW code of practice.

PARKIN & JACKSON
MONUMENTAL SCULPTORS
new memorials, repaints & renovations, additional inscriptions. Home visits available
KEVIN BATEMAN 01539 722838
www.parkinandjackson.co.uk

websites :

www.levens.org.uk
www.stpetersheversham.org
www.heversham.org (for an archive of Parish News and A4 colour version)
St Thomas' Milnthorpe website is under construction

St Peter's Church, Heversham **St John's Church, Levens**

& St Thomas' Church, Milnthorpe

Priest-in-charge

Vacancy

please contact
Email: via St Peter's website
www.stpetersheversham.org
Click on 'contact us' then 'get in touch'

To get in touch with the church please contact a churchwarden (see below) in the first instance

Retired Clergy

The Revd Charles Ellis
The Revd Colin Honour
The Revd Ron Rutter
The Revd Bob Wilkinson
The Revd Canon Tom Thompson

Lay Ministers

Mr Roger Bingham
Mrs Linda Cooper
Prof Anne Garden
Mrs Mary Orr
Miss Frances Makin
Mrs Pam Martin (Local)

Churchwardens

Heversham: St Peter's	**Milnthorpe: St Thomas'**	**Levens: St John's**
Mrs Jane Fell 63174	Dr Val Robson 62904	Mr Peter Martin 60441
Mr Richard Simpson	Mr John Ricketts 01524 761076	Mrs Jean Hayton 61711

PCC Secretaries

Mr Peter Clarke	Mrs Judy Rigg 01524 761857	Mrs Julie Marsh 015395 83183

PASTORAL VISITING in the PARISHES

If you would like to arrange a pastoral visit for yourself, or for someone you know, at home or hospital please contact:

Heversham and Milnthorpe:
email via St Peter's website or phone
Linda Cooper 63836

Levens:
Christine Hallas 60541
Frances Makin 61417

MILNTHORPE Art EXHIBITION

Milnthorpe Art Exhibition
St Thomas's Parish Church

– the largest open art exhibition in the North West

Thursday 2nd Aug	10am - 6.30 pm
Friday 3rd Aug	10am - 6.30 pm
Saturday 4th Aug	10am - 6.30 pm
Sunday 5th Aug	10 am - 3 pm

Admission free

600 exhibits by more than **200 artists**.

Light refreshments available. Raffle

Commission goes to charity in the community:
St John's Hospice, Lancaster this year
and St Thomas', Milnthorpe.

The 77th Annual Horticultural and Craft Show of Milnthorpe & District Allotment Association at St Thomas' Church in Milnthorpe on Saturday 1st September 2018 from 1pm

Refreshments and Raffle

Show secretary: tel 64449
Mrs Kath Craig, 37 Church St, Milnthorpe, LA7 7DX